

## Hamilton County Department of Education School Health Program 209-5458

## Fever/Influenza (Flu)

Fever is not a disease; instead, it is a symptom that can accompany many childhood illnesses, especially infections. Most fevers are caused by **infections**, such as upper respiratory infections, ear infection, urinary tract infections, strep throat, and many types of viral illnesses. A fever is defined as  $100^{\circ}\text{F}$  (degrees Fahrenheit) or higher.

Students who have a fever of 100° or higher must be sent home from school. The student may return as long as his or her fever is less than 100°F. However, when a student is diagnosed with the "Influenza (Flu) Virus by their healthcare provider, the student should be kept home from school at least 24 hours after their fever is gone. (Fever should be gone without the use of a fever-reducing medicine).